



LA PIEMONTESE  
*fusión*

## Allergens Manual

— Franquicias La Piemontesa —



## ALLERGENS INFORMATION

In accordance with Regulation (EU) No. 1169/2011, Franquicias la Piemontesa offers its customers the latest allergen information through ongoing reviews of its good hygiene and handling practices.

All our restaurants have a system for managing and assessing the products that could cause food allergies or intolerances, with the view to informing our customers of the presence, or absence, of allergens in our dishes.

At La Piemontesa, we do our utmost to reduce the presence of allergens as much as possible by employing good preparation practices, however, we cannot ensure the complete absence of traces in our dishes given the fact we have a single production line.

If you are particularly sensitive to a certain allergen, please inform our staff.

Please ask for information every time you visit our establishments as this information may be amended in accordance with the ingredients in our dishes.

## ALLERGENS KEY



Cereals containing gluten, namely: wheat, rye, barley, oats, spelt, khorasan wheat or their hybrid strains and products thereof, except:

- a) wheat-based glucose syrups, including dextrose (1)
- b) wheat-based maltodextrins (1)
- c) barley-based glucose syrups
- d) cereals used for making distillates, including ethyl alcohol of agricultural origin



Eggs and products thereof



Milk and products thereof (including lactose), except:

- d) whey used for making distillates, including ethyl alcohol of agricultural origin
- b) lactitol



Fish and products thereof, except:

- a) fish gelatine used as carrier for vitamin or carotenoid preparations
- b) fish gelatine or Isinglass used as a fining agent in beer and wine



Molluscs and products thereof



Crustaceans and products thereof



Peanuts and products thereof



Soybeans and products thereof, except:

- a) fully refined soybean oil and fat (1)
- b) natural mixed tocopherols (E306), natural D-alpha tocopherol, natural D-alpha tocopherol acetate and natural D-alpha tocopherol succinate from soybean sources
- c) vegetable-oils derived phytosterols and phytosterol esters from soybean sources
- d) plant stanol ester produced from vegetable-oil sterols from soybean sources



Nuts, namely: almonds (*Amygdalus communis* L.), hazelnuts (*Corylus avellana*), walnuts (*Juglans regia*), cashews (*Anacardium occidentale*), pecan nuts (*Carya illinoensis* [Wangenh.] K. Koch), Brazil nuts (*Bertholletia excelsa*), pistachio nuts (*Pistacia vera*), macadamia or Queensland nuts (*Macadamia ternifolia*), and products thereof, except for nuts used for making alcoholic distillates including ethyl alcohol of agricultural origin



Sesame seeds and products thereof



Celery and products thereof



Mustard and products thereof



Lupin and products thereof













Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of the total SO<sub>2</sub>, which are to be calculated for products as proposed ready for consumption or as reconstituted according to the instructions of the manufacturer



















1) And the products thereof, in so far as the process that they have undergone is not likely to increase the level of allergenicity assessed by the European Food Safety Authority (EFSA) for the relevant product from which they originated.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery  | Mustard   | Lupin   | Sulphur dioxide and sulphites   |

## Pane e pierina

|                        |   |
|------------------------|---|
| SELECTION OF FOCACCIAS |   |
| PIERINA PARMIGIANA     |       |
| PIERINA TARTUFATA      |       |
| PIERINA MISTA          |    |

## Starters





|                                   |  |
|-----------------------------------|--|
| BOWL OF ARTICHOKES AND DUCK LIVER |    |
| TRADITIONAL CROQUETTES            |      |
| INVOLTINI FREDO DI CREPE          |       |
| BEEF CARPACCIO                    |  + PIERINA    |
| SOUP DELLA NONNA                  |      |
| RUSTIC GAZPACHO WITH ALMONDS      |      |

## Salads



|                   |  |
|-------------------|--|
| BURRATA DI PUGLIA |     |
| PAESE             |       |
| CRISPY CHICKEN    |      |
| TURKISH           |       |
| IL NOSTRO BOWL    |      |

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery  | Mustard   | Lupin   | Sulphur dioxide and sulphites   |


### Vinaigrette

|                      |   |
|----------------------|---|
| HONEY AND PISTACHIO  |   |
| BALSAMIC VINEGAR     |    |
| TRADITIONAL DRESSING |    |

### Oven-baked dishes

|                               |   |
|-------------------------------|---|
| GRAN CANNELLONI               |       |
| CANNELLONI DI MARE            |        |
| LASAGNA DI SPINACCI E GAMBERI |        |
| LASAGNA DI BOLOGNA            |      |
| MISTO DEL TESORERO            |       |

### Risottos






















|                |   |
|----------------|---|
| MONTERA        |       |
| TARTUFO D'ALBA |      |
| NERO DI SEPPIA |        |
| PIEMONTE       |      |

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery  | Mustard   | Lupin   | Sulphur dioxide and sulphites   |

### *Fresh pasta*

|                       |   |  |
|-----------------------|---|--|
| BALLERINE             |    |   |
| RIGATONI              |    |   |
| TAGLIATELLE           |    |   |
| FUSILLI               |   |  |
| DURUM WHEAT SPAGHETTI |  |  |






































### *Fresh pasta stuffed*

|               |   |   |   |   |   |   |
|---------------|---|---|---|---|---|---|
| CUORE DI FOIE |  |  |  |  |   |   |
| RAVIOLI       |  |  |  |  |  |  |
| TORTELLINI    |  |  |  |  |   |   |
| TRIANGOLI     |  |  |  |  |   |   |
| PANZOTTI      |  |  |  |   |   |   |

\*Customers who add **Grana Padano** to their dish must also consider the following allergens:  
Egg and Milk.






























|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery  | Mustard   | Lupin   | Sulphur dioxide and sulphites   |

## Sauces











|                          |   |   |   |   |
|--------------------------|---|---|---|---|
| LIGURIAN                 |    |    |    |    |
| PESTO GENOVESE           |    |    |   |   |
| CASALINGA                |    |    |    |   |
| LIVER AND TRUFFLE        |   |   |   |   |
| TRUFFLE AND MUSHROOMS    |  |  |   |   |
| NAPOLETANA               |  |   |   |   |
| BOLOGNESE                |  |   |   |   |
| ARRABIATA                |  |  |  |   |
| CARBONARA                |  |  |  |  |
| AGLIO OLIO E PEPERONCINO |  |  |  |  |
| CINQUE FORMAGGI          |  |  |  |   |
| CHAMPI ALMONDS           |  |  |  |  |
| POLPETTE DELLA NONNA     |  |  |  |  |

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery  | Mustard   | Lupin   | Sulphur dioxide and sulphites   |

*Mediterranean fusion*

|                               |   |   |   |   |   |   |
|-------------------------------|---|---|---|---|---|---|
| WILD BLUEFIN TUNA             |    |    |    |    |    |   |
| WILD BLUEFIN TUNA TARTARE     |    |    |    |    |    |   |
| GRILLED OCTOPUS LEG           |    |   |   |   |   |   |
| SPAGHETTI VONGOLE             |   |   |   |   |   |   |
| TAGLIATELLE AL FRUTTI DI MARE |  |  |  |  |  |  |
| SPAGHETTI IN A CARRIAGE       |  |  |  |  |  |   |
| FUSION SPAGHETTI (COVER DISH) |  |  |  |  |  |  |









*Grilled meats*

|                                     |   |
|-------------------------------------|---|
| LOIN AL PEPE                        |     |
| ANGUS BEEF ENTRECÔTE                | GRILLED • DOES NOT CONTAIN ALLERGENS<br>WITH SAUCE • DEPENDS ON MEAT SAUCE  |
| ANGUS BEEF TENDERLOIN               | GRILLED • DOES NOT CONTAIN ALLERGENS<br>WITH SAUCE • DEPENDS ON MEAT SAUCE  |
| ANGUS BEEF BURGER                   |     |
| MAXI IBERIAN PORK TENDERLOIN SKEWER |      |
| RUSTIC BREAD                        |    |



|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery  | Mustard   | Lupin   | Sulphur dioxide and sulphites   |

### *Sauces for grilled meats*

|                   |   |   |   |   |
|-------------------|---|---|---|---|
| FIorentina        |  |  |  |   |
| HONEY AND MUSTARD |  |  |  |  |
| TRUFFLED          |  |   |   |   |

\*The allergens in our side dishes are not considered in this document

### *Meats at a low temperature*
























|                      |   |   |   |
|----------------------|---|---|---|
| CHICKEN              |  |  |  |
| TENDER LAMB LEG      |  |  |   |
| TENDER LAMB SHOULDER |  |  |   |
| SUCCULENT BEEF       | DOES NOT CONTAIN ALLERGENS  |   |   |

|   |   |   |   |   |   |   |   |   |   |  |   |   |   |
|---|---|---|---|---|---|---|---|---|---|--|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery   | Mustard   | Lupin   | Sulphur dioxide and sulphites   |

### *Pizzas, the classics*



































|                  |   |   |   |  |
|------------------|---|---|---|--|
| PROSCIUTTO       |    |    |   |  |
| PEPPERONI        |    |    |   |  |
| QUATTRO STAGIONI |    |    |    |  |
| BISMARCK         |    |    |    |  |
| BARBECUE         |  |  |  |  |
| CARBONARA        |  |  |  |  |
| FIVE CHEESES     |  |  |  |  |
| ZUCCHINI         |  |  |  |  |
| CARTOCCIO        |  |  |   |  |

### *Pizzas, our specials*

|                 |   |   |   |
|-----------------|---|---|---|
| PIEMONTESE      |  |  |  |
| PARMIGIANA      |  |  |   |
| DELL'EMILIA     |  |  |  |
| DIAVOLA         |  |  |  |
| TONNO E SALMONE |  |  |  |
| ALMADRABA       |  |  |  |
| MELANZANA       |  |  |  |
| CALZONE         |  |  |  |

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery  | Mustard   | Lupin   | Sulphur dioxide and sulphites   |

## *Desserts*

|                             |   |   |  |   |   |  |  |  |  |  |  |  |  |
|-----------------------------|---|---|--|---|---|--|--|--|--|--|--|--|--|
| CHEESECAKE WITH PINE NUTS   |    |    |  |   |   |  |  |  |  |  |  |  |  |
| CANNOLI SICILIANO           |    |    |    |    |    |  |  |  |  |  |  |  |  |
| COCONUT AND PINEAPPLE IGLOO |    |    |    |    |    |  |  |  |  |  |  |  |  |
| TIRAMISU                    |    |    |    |    |   |  |  |  |  |  |  |  |  |
| COULANT                     |   |   |   |   |   |  |  |  |  |  |  |  |  |
| PANNA COTTA                 |  |  |  |   |   |  |  |  |  |  |  |  |  |
| CHOCO ROCHER                |  |  |  |  |  |  |  |  |  |  |  |  |  |
| NUTELLA CRÊPE               |  |  |  |  |  |  |  |  |  |  |  |  |  |

## *Ice cream*



|             |   |   |  |   |   |   |  |  |  |  |  |  |  |
|-------------|---|---|--|---|---|---|--|--|--|--|--|--|--|
| SPRING CUP  |  |  |  |   |   |   |  |  |  |  |  |  |  |
| NUTELLA CUP |  |  |  |  |  |  |  |  |  |  |  |  |  |



LA PIEMONTESE

fusion

Revision: 4 | Date: 28/09/2023

|   |   |   |   |   |   |   |   |   |   |  |   |   |   |
|---|---|---|---|---|---|---|---|---|---|--|---|---|---|
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten  | Eggs  | Dairy   | Fish  | Molluscs  | Crustaceans   | Peanuts   | Soybeans  | Nuts  | Sesame  | Celery   | Mustard   | Lupin   | Sulphur dioxide and sulphites   |

## ICE CREAM

+ WAFER

VANILLA AND MACADAMIA NUT



CHOCO ROCHER



FIOR DI LATTE



TUTTI FRUTTI PANETTONE



STRAWBERRY



## SORBETS

+ WAFER

LEMON

DOES NOT CONTAIN ALLERGENS

ICE CREAM/SORBET WAFER



Ice cream and sorbets



